

Space is Limited.
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Eastern Washington COHE
St. Luke's Rehabilitation Institute
400 S Jefferson St, Suite 163
Spokane WA 99204

Advanced Topics in Washington Workers' Compensation:

Physical Capacity Calculation And Return to Work

Saturday, Feb 23, 2008

8:00 a.m. – 5:00 p.m.



AMERICAN COLLEGE OF
OCCUPATIONAL AND
ENVIRONMENTAL MEDICINE

Location:

St. Luke's Rehabilitation Institute
Medical Office Building, Room 200
711 S Cowley
Spokane, WA 99204
(Enter via South Entrance)

For Driving Instruction go to:

<http://spokanecohe.stlukesrehab.org/Athena/about/contact.jsp>

or

Mapquest.com

ACOEM, Washington State
Department of Labor and Industries, and the Eastern
Washington Center of Occupational Health & Education
(COHE) jointly sponsor this course.

Overview

This course was developed through the collaborative efforts of physicians and the Department of Labor and Industries in response to doctors' requests for assistance in handling workers' compensation claims and industrial conditions.

Participants will receive fundamental and complex clinical information that will immediately simplify daily care situations and improve patient management success. All doctors, no matter how long they have been in practice, can learn how to:

- Prevent workers' long term disability by addressing behavioral and mental health issues,
- Reduce providers' administrative burden
- Calculate physical capacities for injured workers.
- Effectively use the Activity Prescription Form (APF)

Course Objectives

Participants will learn to:

- Calculate an injured worker's physical capacities during different phases of recovery
- Explain how Vocational Rehabilitation Counselors, Claim Managers, and Employers use physical capacity information in their differing roles.
- Revise their daily clinical practices to assure good return to work experiences for the worker, employer, and other parties to an industrial injury claim.
- Utilize appropriate resources to identify and manage mental health, behavioral issues, and chronic pain.

NOTE: All MDs, DOs, DCs, ARNPs and PA-Cs are encouraged to enroll.

Faculty

John Silano, Employer Representative, SL Start, Spokane and Grandview, WA

Tim Gilmore, MD, Medical Director, Occupational Health Services, Group Health Cooperative. Seattle, WA

David G. Grubb, MD, DF, APA, Psychiatrist, Spokane Psychiatric Clinic. Spokane, WA

T. Daniel Dibble, MD, Pain Medicine/Anesthesiology, Spine Team Spokane, Spokane Valley, WA

Joanne McDaniel, MA, CCM, Provider Education Manager, L&I. Tumwater, WA

Thomas Polsin, MS, CRC, CDMS, Vista Consulting Services, Spokane, WA

Pamela Cromer, Health Services Coordinator, E WA COHE, St. Luke's Rehabilitation Clinic. Spokane, WA

Les White, DC, Private Practice; Internal Consultant to L&I; Approved Examiner; Approved Chiropractic Consultant. Seattle, WA

Planning Committee

Joanne McDaniel, MA, CCM, Provider Education Manager, L&I. Tumwater, WA

Hal Stockbridge, MD, MPH, Course Director, L&I

Les White, DC, Private Practice; Internal Consultant to L&I

Daniel Hansen, DC, Project Director, E WA COHE

Program Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the Joint Sponsorship of the American College of Occupational and Environmental Medicine and Department of Labor and Industries.

The American College of Occupational and Environmental Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The American College of Occupational and Environmental Medicine designates this educational activity for a maximum of *7.5 AMA PRA Category 1 Credits™*. Physicians should claim credit commensurate with the extent of their participation in the activity.

Advanced Topics in Washington
Workers’ Compensation:
Physical Capacity Calculation
and Return to Work

Saturday – February 23, 2008
St. Luke’s Rehab Institute, Spokane WA

- 8:00 Welcome by *Tim Gilmore, MD*
- 8:05 Activity Prescription Form
Speaker: *Joanne McDaniel and Pam Cromer*
- 8:25 Importance of Return to Work
Speaker: *Tom Polsin, MS, CRC, CDMS*
- 8:45 Physical Capacities and Physical
Restriction Calculation
Speaker: *Tim Gilmore, MD*
- 10:00 Break
- 10:15 Physical Capacities, continued,
Panel Members:
*John Silano, Employer Rep.
t/b/a, L&I Claims,
Tom Polsin, CRC
Les White, DC*

12:30 Lunch Provided



- 1:00 Working with Employers to Assure a
Good Return to Work Experience
Speaker: *Pam Cromer, COHE*
- 1:45 Managing Mental Health and
Behavioral Issues
Speaker: *David Grubb, MD*
- 2:45 Managing Chronic Pain
Speaker: *Daniel Dibble, MD*
- 3:45 Break
- 4:00 Managing Chronic Pain, continued.
- 4:30 Pearls of Knowledge
Speaker: *Les White, DC*
- 5:00 Adjourn

Early and safe
Return to work after injury
Makes good sense.

Jointly sponsored by ACOEM with the
Washington State
Department of Labor and Industries and the
Eastern WA COHE.

For more course information,
Call (360) 902-6817 - Joanne McDaniel

Tuition:
COHE Providers No Charge
Other providers (registered) \$100
Other providers (at door) \$125

Fee includes: educational materials, continental
breakfast, lunch, beverages.

Make checks payable to:
St. Luke’s Rehabilitation Institute.
Sorry, we cannot accept credit cards.

No confirmation will be sent. Your
cancelled check is your verification of
registration.

Refund Policy: Written requests for a
full refund will be allowed if postmarked
on or before February 22, 2008. A \$25
administrative fee will be withheld.

No refunds will be granted if requested at
or after the seminar.

Location: St. Luke’s Rehabilitation
Institute – MOB Room 200. *Park in lots
to the South of SLRI off Cowley St.*

This program can be broadcast via *Northwest
TeleHealth* to numerous locations in Eastern
WA, including (but not limited to)
Wenatchee, Moses Lake, Walla Walla,
Sunnyside, Omak, Othello, Republic,
Ephrata, etc. Final determination of off-site
locations depends heavily on pre-registration.

Contact COHE office for more details on
TeleHealth locations.

Attn: Carol Thornburg
(866) 247-COHE
thornback@st-lukes.org

REGISTRATION FORM for
Advanced Topics
Saturday - 2/23/08
Spokane, WA

Name _____
Discipline (Check one):
() MD () DO () DC () ARNP () PA-C
Other _____

Clinic / Facility _____

Business Address _____

City/State/Zip _____

() _____ () _____
Work Phone # Fax #

E-mail Address _____

I wish to attend seminar:
☐ St. Luke’s Rehab Rm 200
☐ TeleHealth site _____

If not a COHE Provider:
\$100.00 if postmarked on or before 2/20/08.
If later, please add \$25.

Make registration checks payable to
St. Luke’s Rehabilitation Institute

Mail to:
Eastern WA COHE
St. Luke’s Rehabilitation Institute
400 S Jefferson St. Suite 163
Spokane WA 99204